

# The justification of animals

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## Introduction

Why Animals? I have to answer that ever since I have a memory of my own, ever since I can remember being in contact with animals, I have been deeply interested, I remember being fascinated by every animal. The way they are alive and move, the way one can feel how they look at you, in a way I could always feel that we are not at all far away from them but yet they are so different than us, and I can't avoid but ask myself what is in these beings that we feel so in affinity with them, that we want to be close to them or have them close to us? Why are they present in our lives? Even people who are not close to them, they are in their souls, in images they carry inside. In fact they are exactly the reason why I started with Agriculture. I remember on my first year in Camphill (Sturts Farm, England) I was sitting on a bench facing the pasture where this beautiful herd of

eighteen shorthorn milking cows were grazing, and just like that I felt that for the first time in my life my eyes really opened, if I can say my soul was awake, these animals grazing together one next to the other gave me an impulse like never before, that was the moment when I realized not just what I wanted to do, but that I had to do it.

The next years I spend on that farm, I had the opportunity to learn how to work with animals not seeking a product but rather the best for them, the question was always what can we do better for the animals without thinking whether it is more work or takes longer, if there was something we could do better I would try and of course when trying to sell cheese or meat sometimes I doubt it, cause it seems sometime one makes minus instead of plus but to see the calves growing strong and happy, being the whole time with their moms until they were old enough to graze on the pastures, if we had less cheese and we sold less it really didn't matter. The Pigs were on the forest, on a rotation system, and we working together were actually taking care of the forest as well. I read once...what if animals wouldn't give us any product but rather they would just come to us seeking help for developing, then would we unconditionally help them? But I ask myself: is the products, the manure, the love that we feel for them reason enough to take them away from the wilderness, from their wild form, from their freedom? Wouldn't they be better without us? Why do we have this need of animals? I guess my questions are if everything we do to and for

animals is justified, does it have a good cause, will it bring light into our futures or is it just madness and sick and we should stop and accept we don't belong together anymore...

There are people that are completely drown into their emotions and would say that animals should belong only in the wild, that they are better without us and other that care only about making profit out of them in very industrial way. Through the years it became clear that not only compassion and love is needed but as well true and deeply understanding of the animals and our task with them on earth.

There are thousand and thousand species of wild animals, but some closer to us than other, some live wild some in our farm and some even with us in our homes. There is indeed something very especial about these beings that intrigue us so much, that inspire us, that have helped us to build our society as we now it and that accompany us through our lives, and to have had the opportunity and time to finally get deep into such question that I had already a long time had made me as well understand that thinking and understanding is a process and will still develop itself a long my life, I am full of new question after this time but now I have made my basis to build and to carry one building. Animals don't just have a tremendous meaning in Agriculture but as well for our souls.

I would like to be satisfied with my answers, I want to be sure that am not taking their freedom away but instead helping them to develop, I have had doubts about work but now is clear I can see

better what am doing and I want to embrace it. But without these question I couldn't have had carried on with my work as a farmer.

## What are Animals and where do they come from

I want to start with such complicated question because Only understanding what we are and where do we come from we can see where are we going to and what it takes to get there, I believe strongly that we have tasks, and I want to find out how to do mine. For this complex question there is not really just one way to answer, but I am writing what for me makes sense and what I believe in, I have decided to look for answers not from a materialistic point of view of evolution but rather through imagination, heart and the teaching of anthroposophy.

It seems to me that we are on a path where mechanised learning and living are the pillars of our society, I find very complicated sometime to talk to people about spirituality, we have lost almost all intuition of what is spiritual in the search of purely materialistic und scientific knowledge, we can no longer read the stars, and look inside of us to find true answers, there is a lot of confusion.

Forces we don't understand, elements, processes work on nature and on us but these forces don't only influence all of us, and they are reflected in us, what do I mean with reflection? I mean that we are a little world that contains all the elements of the greatest world, both with an outer and an inner aspect. We live in the outer world, in Nature, together, with Stars, rocks, plants and animals and through our feelings, thoughts, imagination, intuition, memories and dreams we perceive the inner side of the Macrocosms, because everything is connected, what found in nature is found in man and likewise.

*'We must be able to study the human being not merely by applying logic, but in a sense which can never be achieved unless intellectualism is taken onwards into the artistic element in the world'*

*Rudolf Steiner*

Ours journey with the animals is one that started way before our home earth, before time and seasons, before all stories told by men. What I have read and learned this year by reading "The Occult Science by Rudolf Steiner" is that our earth and we, once were very different, we have gone through different incarnations on our evolution, an evolution that is full of chaos, drama but as well sacrifice and love, it is in the interactions of different beings that evolution came to be, many beings had to leave us but they came back so they could still help us and through that evolve themselves as

well, because when I imagine the whole world as one, when I imagine the world as one big body, there is no part growing alone.

Once Man was so wide as the universe that created us and physical forms were not yet there as we of them think nowadays, there were no limits, border, edges, “ Separation” between minerals, plants, animals, humans, world, we were all once one and we together went through some different incarnations, the first one he describes is called old Saturn, then Old Sun, Old Moon an Earth, I have to add that in this incarnation there were many beings of different natures and different hierarchies but I will leave out so I can concentrate on the animals as we have them today. On the first one is impossible to imagine that anything could be as we know today but there was some beings, so to say our ancestors, Xbeings, I will call them, these beings will evolved through a series of events and phases until what we Humans are now. Then there was no separation between plants animals and men, we were one together and then those bXbeings developed thanks to higher spiritual beings responsible for the creation of our world, but some remained behind...they gave up their evolution in order to support the X beings in theirs, so in the next incarnation, we have the X beings now of a nature so to say plant-alike while the other remained still remain of an elemental nature (Sun = XPlants – elementals ) again came a point of evolution that made the next incarnation possible, there the X beings had evolved into beings of Animal nature and others into plants and



other remained of a lower evolution ( Moon = Xanimals – Plants – Elementals ) by the end of this phase the Xanimals adquiered in their souls a kind of autonomy, a kind of memory, the germs of the ‘ I ‘ that allowed their souls to developed in such way that it becomes possible for them to reach their Human condition ( Xhumas) while Lower beings that were comparable to our plants from the Sun incarnation were able to evolve in what we can call the ancestors of animals and so forth with the other kingdoms...( Earth = Xhumas – animals – plants-etc) I have put an X in order to show how we, the X, have gone through a solidification and evolution in order to become man as we are and on the way many other being gave up their evolution so ours were possible, but we are still connected, we still live together on this worlds as the different kingdoms of nature.

The cow became cow so we could become human...We are together in this wheel rolling forward to evolution, and the powers that make that possible are those radiating from the interaction with each other, while at the beginning we were one, separation was needed, so different task were carried by lower or higher beings and at the end I want to say that Evolution is a path we have to make together and only then appears the possibility of going further. The question why of these events is now of little importance for me, to have been able to contemplate this story have given me a new way of looking at the world and at my work.

## Domestic and wild

So in our solidification from all the cosmos to the middle, to be microcosms from the universe, to be a concentration of these forces, we went through a very long process, some of it I explained to the last chapter, but the important thing for this chapter is that everything from the periphery till middle when we refer to Animals are the different species that separated from us or that we left in our way to be man from the earth and now a days there are animals that are very close to us others that are very far away and what I understand is that once man and animals were just one, we have moved away we have gone into the centre leaving behind part of ourselves, form, shapes, powers of soul and mind and emotions,, all of these beings are in the periphery between the formative forces and us, most of them or almost all of them can live without us and that's why they are strange to us and we call them wild, because we moved away from them and their nature is strange to us but at first we were one, all animals and man, so there were not wild animal,

they were all close to us but in our development we had to leave them behind, the wild and domestic animals we left in different stages of our evolution, and some stayed with us, and have helped us in our history of development , what would have we done without the horses, cows, pigs, sheep and cows?

I always thought that domestic animals came from the wilder versions of them but when I read the work of Dr. Karl Koenig I was surprised to read how he presents it, The first animals were domestic, they were all, and we were with them and them with us...that for example the pig does not come from the wild pigs, the wild boar were left behind and went further away but the pig stayed close to us. So taking now Domestic animals and their wilder brothers we observe that animals that are near to man can vary in sizes but they are not necessarily smaller than the wild ones, like I would have originally thought, but looking at the shape of the head we see that the animals nearer to man tend to have their faces shortened , that means that their heads become more humanised, another thing is that the hair becomes finer, for example with sheep, sheep wool on many species is lanugo what is as well the kind of hair we have as babies. Also the coat of these animals is different, these tend to go black, white or brown and their mixes, and wild one still keep colours like yellow, blue and red. There is indeed something special about white animals, G.Kenneth Whitehead wrote a book ‘ the ancient white cattle of Britain’ and says wherever we

find traces of pure white cattle we are finding the remnants of the cattle of the druids, who were themselves albinos, the druids would use this cattle as sacrifice.

To be wild means to be more specialised, so they are able to survive in different challenging settings, for example our livestock have hooves but are they so specialised like the ones of the mountain goats that is able to climb incredible steep mountains? And through domestication animals are more generalised, an evolution or new learning is possible that way, this makes me think on the incredible work that trained dogs do and on the behaviour they hold. These animals remain more cosmic, more innocent, more like a child, when babies we need help, we still haven't develop the necessary tool for our life, to face challenges but in a spiritual way we are way more pure, more spiritual. But maybe animals in essence are not wild, they become wild here on earth but we have to not take care of them necessarily but come to a point where we don't leave them complete alone and isolated from us, we can come to their aid when they need us and at the same time respect their space a nature. I have been wondering for a long time what does it mean that lots of species mainly mammals are extinguished every year, if animals have a "group soul" what does it mean that they don't participate anymore on earth, maybe those animals in the next incarnation will have to remain animals but the one that are here still would become

humans? Is it the lack of sensibility and understanding that is killing thousands of thousands of species? I mean how can we take care of them all? Maybe making sure they can live, that they remain protected from our progress, our destruction, that their enough space for them, that their enough food. There was a time when man was wild as well but now with this consciousness our world has to change into a harmonious warm place not into complete materialistic cold place, of course there are many places and of course many animals that will always be wild like a part of us, the idea is not to turn the earth into a garden but to be part of it and feel with it.

I don't know really if all animals have to become domestic or many will have to remain wild and what will happen to them, those question I can still not answer but what I believe is that all animals, wild or domestic, far away from us or so close that they live in our homes, deserve our love.

## Why our farm animals?

When one thinks about the most representative farm animals, the ones that come to mind are Cows, Pigs, Horses and sheep, why is that? What are exactly these four animals and why are they so

special for our evolution? I am not observing them to try to understand them physically in a way that is justified their use in agriculture but rather I want to contemplate them to seek their inner significance in our world and in our souls. Around us there is twelve constellations of the Zodiac , that the ancients called ‘ the circle of animals’ , and it is said that Greeks inherited this knowledge from the Mesopotamians , ancient and wise people...so why were all this groups of fixed stars represented by animals? How did man know all this? I have read these twelve formative forces have created and through us all animals. In these twelve there is four main ones that come from different directions in the Cosmos, they are the waterman, Scorpion, Lion and Bull. In the teaching of Rudolf Steiner we are told that these four main powers created man as three plus one; Scorpion like the Eagle, head, The Lion as everything that is rhythm, the perfect balance between breathing and the blood circulation system, the Bull the digestive system, the metabolic forces that transform substances and at last the Waterman like what is human, connecting and holding the other three in harmony. Our cows, pigs, horses and sheep are the ones that remained with us and the ones that represent the remnants of the great powers. The sheep of the Lion, the horse of the Scorpio, the pig of the man and the cow of the Bull, we should keep them not as food but knowing what they represent and to feel ourselves close to the fountain of forces and feel in order with these, to embrace a future together.

Dr. Koenig said that on our farms we live surrounded by the sphinx, that in the ancient Egypt was the image of these four great powers, and now in our farm this image lives through these four animals. He draws a figure where man stands on the middle and close around him these four animals, at the four edges the great powers looking upon man and in between many variations and metamorphoses of the animals near to man, for example: goats, bison, llamas, elephants, donkey, deer. They say how important it is at least to have one of these four animals in our farms in order to maintain the cosmic image, and that makes me think about how important and central animals are for agriculture, especially on these days when soil fertility and erosion are such a global problem maybe we should be looking at nature and trying to learn not just how to maintain harmony but to further it.

These four at the same time belong to a larger group of twelve, described by Rudolf Steiner as 7 invertebrates and 5 vertebrates, and says how mammals place themselves at the peak of the Animal Kingdom, this was the last group of animals we left in our development during earth, first the invertebrates (7 groups) and then the vertebrates starting with fish, amphibians, reptiles, birds and finishing with mammals. Different than other animals, mammals not produce eggs that need to be fertilize in our outside of the body and then are expose to the powers and elements of nature for species to develop, instead they carry the nest in their bodies, they have

gathered these forces and elements of natures in their bodies. Another wonder of this group is the production of milk, the mother produce milk for the new-borns ( See milk in Agriculture course )

In deed the forces of nature and elements and ethers which are opposite pairs co-exist in harmony with the mammals , they live in them and although they still need the influences of the sun, moon and stars this one is not direct like with the plants but indirect. During the last winter I learned about the elements and their ethers and they go like:

<u>Element</u>		<u>Ether</u>
Earth	-	Life
Water	-	Sound
Air	-	Light
Warmth	-	Fire

In the bodies of mammals they found balance and interact fully with each other, more than in other types of animals anyway, so that we can say The Fire Ether lives in The Warmth Element, Mammals then, become warm blooded, other animals depend completely of the exterior temperature but mammals maintain their own one. This is



possible because the mammals heart has four parts, two up and two down, this makes the division between blue venous blood and arterial red blood, the blue one carries the powers of gravity and the red one of lightness, we can picture it as well like a harmonious flow of interaction between heaviness and lightness, and through this mammals were allowed to stand firmly on earth.

From the deep of the hardest part of mammals, the bone - marrow, light manifest in the form of red and white corpuscles, the red ones indicate the arterial blood and the blue ones to the venial blood and billions of this cells have to be created every day to replace the ones that die, and that reveals another wonder, from the heaviest and earthiest part of the body the endless renewal of life emerges, showing how here the life ether lives in balance with the earth element. The blood flow in all directions, stretching to the edges of the cosmos, to the four formative forces through our limbs, allows movement what is just one side of the coin, the other side, Tone ether, they both are subject to the laws of music, Tone separates, divides, is no longer a whole but individuals; Music says Steiner, is based on a force that separates, keeps apart, while the separate parts still maintain their relationship, there I see the relationship to the movement of our limbs. The Light Ether is permeated by The Air Element in the mammals and is shown through their fur (With a few exceptions) so the fur is light in air, this one doesn't come from the outside, however is taken and transformed by the blood and from the

inside emerges as fur (hair) and this interaction of inner and outer sides give then all the colours in the mammals fur.

Now, what does this have to do with our four farm animals? Pigs are representatives of this fire in warmth, without fur like the other mammals, they can bear certainly good the warmth, they are hot, they accumulate a great amount of fat and are able to give constant warmth away, they cannot sweat much and need to cool down through rolling in the mud or water, they can make some days without eating, but without water on a hot day, forget about it! Another curious fact is that his manure is cold and for example horse is hot, all of this shows his affinity with warmth.

Steiner explains how silkworms take the light from the outer sun to make their cocoon, in the formation of the sheep's wool; the light comes from inside, the sheep's inner light. Is not accident that the Christian God is as well seen as a lamb, a baby very generalised sheep that is the representation of lamb. Sheep stand and walk over the pastures as if they were walking on clouds, with their delicate hooves the massage the soil and on the landscape they seem like....

The forces of life , of The Life Ether show themselves in equilibrium in a very heavy, earthy animal, in the cow is manifested in the blood process and which other animal other than the cow represents so well the milk process....in here the life forces needed are carried and

I Love the image of the horse in movement, how much harmony, grace, potency, strength, and elegance are possible in his movements. What those horses make me feel when I see them, for example caballos de paso from Peru or Tolt ridding from Iceland. Many people might not know that in ancient Greece the God Poseidon is not only the god of the seas but the god of horses and as well responsible for their creation. Horses were their favourite and most useful animals.

It became clear that is not a coincidence that, Cow, Pig, Sheep and Horse are so close to us, I just chose to right about these ones but the connections are more, and looking at more animals with enough sensibility definitely opens a new door to understand the real meaning of the animal in his essence. From there I think I can start making a change in my life and contemplate the animal kingdom from another perspective.

## Death

I have been asking me, what other possibilities are instead of farming, to take care of animals... I mean vets, but they cure that either pets or farm animals, animals that we have decided should live by us and they need to be healthy, or healthy enough, there a Zoos, where we can go and see animals, would that be a desperate, ill way of us getting close again? What about sanctuaries, places where animals wouldn't have any production purpose more than being there, having a satisfying life with people that take care of them, the last one sounds not so bad. But then I thought of one that I had ignored for a long time, hunting...

I talked to some people that are hunters, and I don't mean those who make of hunting a high class sport but the ones that told me about their love for animals, at the beginning I thought is very contradictory that they say they love animals and they kill them but they left me without words when they remind me that Agriculture lead animals to a certain death as well. It became clear that in both

death plays an important role, by responsible hunting, one takes care of the populations and species, one can really act through killing as a tool of harmony, in Agriculture one can aspire to developed breeds, through projecting oneself into the future, to connect to how this breed should develop, but at the end we have to deal with killing them

I wonder, when we kill animals, what does it mean for them? I mean we cannot think of the death of an animal the same way we think of a human. And I don't say this because I think we have more right to live than an animal, this took me a long time to understand because of my emotions, it really hurt me that animals died, it caused me pain but with time I realized that was not death itself but the fear they felt, how they submitted themselves to us and we have mistreated them as they had no value, that hurts me, the injustice against them, we are here to bring order, balance and love not abuse, destruction and fear to those that look upon us. I am not saying that we see animals lower than us, I am saying that to start to understand the animal death we have to see first the differences between our souls. The process in the spiritual world between death and birth is different than ours, the destiny of every human individual is way different than the animals individuals, and we should look at it to be able to understand our task with them, if we think that when we are born until we are fully adults we have to learn so much, we have to search for our meanings, passions, abilities, and then master them

but an animal doesn't, they are born ready, not saying that can straight away after birth do all the amazing things their parents can, I say that they have it in them, they can just do it, lives in them, they don't need to learn like we don't need to learn how to change our teeth when we are children, it just happens.

Those elements and forces that manifest in the animals as skills live in us as well but how is possible that we come to this world so "unready" ? what happens in that time between death and birth animals come with such skills and instincts, and we don't? is not that those skills have disappeared as the time went by, they have been transformed into our right standing, our brain capacity, our high consciousness and doing, our " I" Explores started to realize that when they left the camp, chimpanzees would come to warm themselves up but what is curious is that they would take more wood to keep the fire burning , animals live fully in the world but they don't create something new.

Because animals are not individuals ( I incarnated) because we cannot write a biography about one single animal, that doesn't mean that they are machines. Their "I" doesn't live in every individual like in us but in the whole species and this high intelligence shines through their instincts. One entire entity lives in the entire specie and is so different to another just like one man to another.

We as men live on the Earth with a physical, etheric and astral body that give home to our higher "I" but animals live with physical, etheric and astral on earth, but their "I" remains in the astral plane, there live the egos ( I) of animals. I have been told that I can imagine this phenome as if a man puts his finger through a screen and move them, we see the moving finger but not the man hiding behind the screen, we will just see the individual but would have ask ourselves who is behind the screen, we have to imagine that on the other side stands a whole being that we don't see... Each animal has its one physical body but they share an Ego that direct them with wisdom ( Instincts = wisdom = Ego )I have been asking myself question for a long time about this, I have a dog which I have a very special connection with and I have been wondering how much of an individual he really is, yes he lives a life here by my side but how can I get to really know him, to look through him to the essence of his being and I remember that once I read that many tribes , people many centuries ago claimed to say that through different rituals could speak to the I of the animals in astral plane and ask for protection or help. This idea fascinate me, this communication could be possible now through understanding of the animals in higher level.

Perhaps is not about the death itself but about the life we can help animals to have, the wonderful gifts we can give to them, free love, care, friendship. Gifts they can take with them after death.

## Cattle not a problem but a blessing

I find Koenig's next words very important for what I want to bring in the next chapters, and these are:

“The health question is a question of nutrition,

The nutrition question is a question of agriculture,

The agriculture question is a social question”

For me is important to make clear the importance of animals, especially cattle in agriculture, caring economically for our use of animals is not wrong, on the opposite it plays a big role in agriculture but this materialism and practicality have to be harmonised with a deep understanding of the world, because I don't



agree and I will never, that is ok or tolerable that animals are kept just to eat them and the end of their life without a higher sense than to feed us.

Much evidence was given so it was no longer necessary to include grassland, grazing animals or even manure in the crop rotation in order to grow a good crop, the mineral industrial fertilizers would do the jobs just well or better! But the evidence we can see is how damaged and poor this have left our soils.

These mineral fertilizers destroy the organic matter and support erosion, the carbon in the organic matter is needed to feed the microorganism that give soil life. I read in Grass feed nation that once the America's tall grass prairies extended from Minnesota down to Texas and from Illinois till Nebraska, home hundreds of plant species and that were roamed by huge herds of bison, that made that soil so fertile that Europeans settlers used it to grow their crops but now a days that fertility is gone and farmers have to rely on chemicals to come up with a decent crop. We depend on healthy fertile soils to live and these ones depend on harmonious relationship between the animal kingdom and the plant kingdom, where those two meet arises a wonderful world full of life that gives life, because what is dead cannot bare what is alive.

Animals in Agriculture, cattle on the fields is usually associated to global warming, pollution and contamination of water, because they

produce gas methane, contributing to the greenhouse effect, but the true is another one, and an interesting fact is that it is estimate that there was 60million bison, each of the adults weighting approx. a tonne, roaming free in the north America before the era of Columbus, in addition 40 million pronghorns, an antelope, 10 million elk, 10 million mule deer, and about 2 million mountain sheep, and back then there was no global warming isn't ? those gasses they contribute to the greenhouse affect indeed, but what people fail to see is that they are not such a big part of the problem as they are of the solution, fact is that they are able to cut down the gas load in the atmosphere by building healthy soils through well managed pastures and not kept in sheds.

It is true that ruminants contribute to the greenhouse effect by emitting methane but we are not looking at the possibilities of these beings. Animals are born with different special abilities and processes, and these give way to their different form and functions and in the case of the ruminant the digestive process is especially strong, and have some interesting characteristics like three gastroesophageal vestibules, one large intestine and HORNS! They make possible this process of rumination, what means that the animal will eat the plant and then will chew it again, braking the substances and feeding the microbes that live in the stomachs, who will at the same time die and so feed the ruminant. These animals have such a relation to what they eat that they take the digestive

process to another level on their consciousness, through exactly these act of rumination, it seems for me almost like an act of love, the for example the cow eats take what it needs to live or give milk to their calves and the rest will be again given to the world, but astralised, filled with the cow's forces. And this now manure is not just important for the growth of plants but of the soil itself, with this manure plants grow more vigorous and are able to take more carbon from the atmosphere and put it in the soil as well when they decay, this helps the humus formation, which will give back to the plants and then to the animals, and so begins a circle of nature.

But it makes a huge difference whether we are able to observe and learn from nature or that we ignore it , because this would work when ruminants are ruminants and not just production animals, they walk along the pastures moving together to protect themselves from predators, and will eat and defecate and move again, and in this movement they won't come back to the same place for a long time, giving then exactly the time the roots need to grow strong and prepare the pastures for the next round. Through a relationship with our farm animals, when we start looking beyond, maybe even asking us who is standing behind the screen we can start to develop this capacities, but we need this connection to them, to the animals not the products.

## Renewal and healing

What is a Landscape actually?

After doing all this research about what animals mean, where do they come from and where are we going together, it became quite clear, that evolution of every being is linked to the whole world and the landscape is nature coming together as an expression of herself and the processes occurring there, the landscape is something we can perceive, that we can get inspiration from, a view, a perception of the kingdoms working together and even man with his doing helping to maintain a harmony. I see doing of nature and man reflected in landscapes... Animals have played and still play a very important role, when we understand that, we start building, working towards development, I have asked myself recently, where do the dinosaurs come from and what was their reason to be, how connected were they with us? The order of the events are not clear in me to able to write about it, but if something got in my heart was the animals, plants, mineral and soil are extremely connected since the beginning and to imagine one of those healthy without the others is for me now very difficult.

These landscapes were once tamed by man and animals in harmony with the soil and the plants living on it, there is many different landscapes, some of them wild just like their habitants and other

more tamed, there are some majestic and powerful and other cosy and inviting, but am not trying to describe every type of landscape I have experienced, I want to point now at the ones that have shocked me, the ones that can make me cry, poisoned rivers, eroded soils, naked forests, polluted cities, lifeless landscapes that reflect and very ugly part of our society, is all this confusion? manipulation? What is it that we are incapable of achieving harmony? Are our souls so weak that we cannot make a change? Many place on earth are beautiful and people go to visit them , I think to remind oneself of beauty but am asking people to wake up and take care of those who more care need, those ugly that no one wants to look and to visit, how much people are in the world that live in contaminated environments, where the nature kingdoms have lots all harmony to what is so called progress and industrialisation, a capitalist world rules our values, there is not enough people that are doing good, helping without looking at a profit out of it, yes is important to feed the world and to look at sustainable ways but for me the most important of all is to look at nature again, to answer the call. I feel an urge to merge again with the nature powers and bring to earth what wants to be brought.

Rudolf Steiner said: Nature exists, but man can only approach her by letting her destroy him.

And

The human soul exist but nature can only approach this human souls by becoming mere semblance

What does it mean!?

I think everything that originally occurs in our consciousness lead us to seek for our good, we are the centre of the universe and even if that is true, that for me doesn't mean that we do as we please with the world, that mean to take responsibly, to stand truly in the middle with consciousness, and be that force, that fifth element in the world that can bring consciousness and good to the world, I like to think, that we play the role of the " I " in the earth and with that we act consciously , that would mean to let our egoisms aside sometimes, to leave our individuality aside sometimes and to look at the world like our whole body, to feel part of it, in complete harmony not as a separate entity.

For me Biodynamics and the whole of the anthroposophy have brought me a possibility to recognise me in the world and the world in me and to act responsible towards it, that would me the task I choose to follow out of my individual consciousness and love, what for am I here if not to take part in evolution ? Many questions arise now, regarding how but no more why, the search for a meaning is over, now is a matter of doing.

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- Occult science by Rudolf Steiner
- Social Farming – healing Society and the earth  
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